

24th Executive Force Preservation Board



Binge Drinking and DUIs Overview

Substance Abuse Vision and Mission



VISION

To enhance the readiness of the Marine Corps by providing evidence-based prevention tools and training; and wellness oriented treatment and aftercare.

MISSION

Reduce alcohol misuse and abuse in the Marine Corps

“We will keep faith with our Marines, our Sailors and our families”

General James Amos
35th Commandant of the Marine Corps

CPG, 2010

Substance Abuse - Responsible drinking is the way



What is Binge Drinking?

Different names...

**Excessive
Drinking?**

**Heavy
Episodic
Drinking
?**

**Problem
Drinking?**

**High-risk
Drinking?**

**Abusive
Drinking?**

... same phenomenon.



One Drink Equals:



**one 1.5 oz
shot of hard
liquor at
40% alcohol
or 80 f**



**one 12
oz. beer
at 4%
alcohol
(look at the**



**one 5 oz.
glass of**

at

%

alcohol

All three have the
same alcohol content
despite different volumes



Binge Drinking

- Binge drinking refers to the consumption of some number of alcoholic drinks in a single occasion

– Male: 5 or more drinks



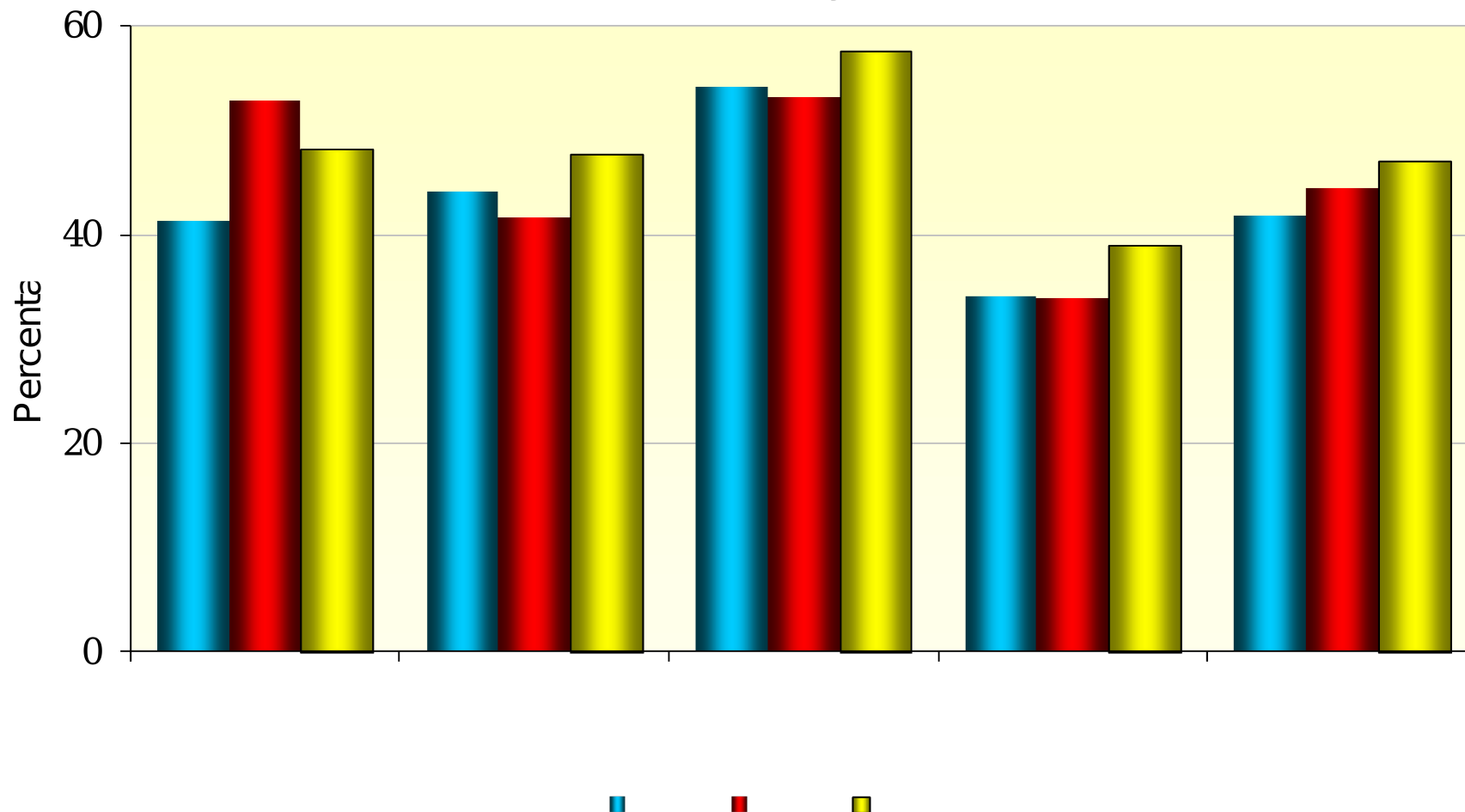
– Female: 4 or more drinks





Binge Drinking Rates by Service 2002 - 2008*

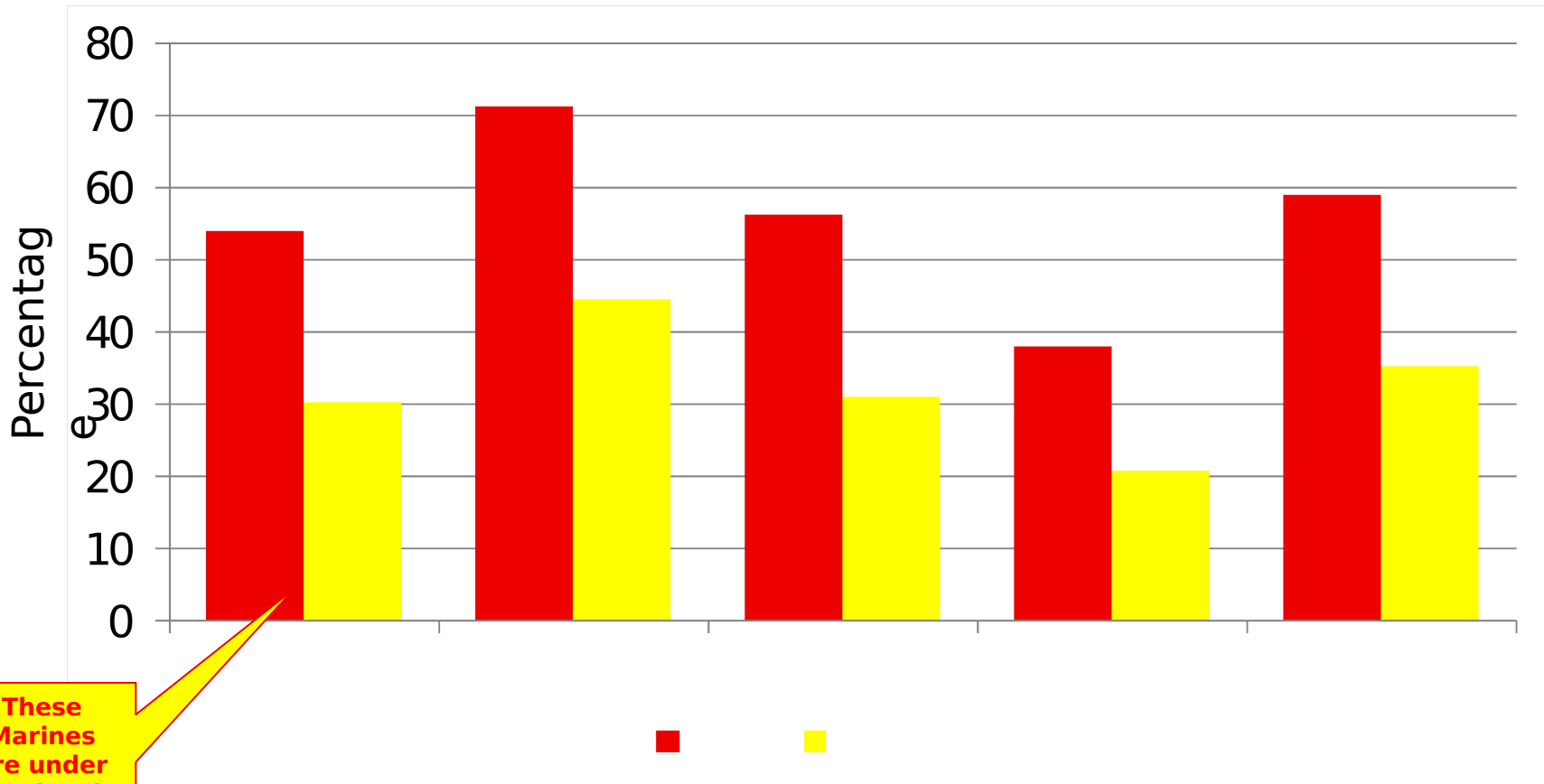
Binge Drinking = 5 or more drinks on a single occasion at least once in the past 30 days



* FY2008 DoD Survey of Health Related Behaviors
**Significant difference between 2002 and 2005 at .05 level.



Binge Drinking by Age and Gender



Data from the 2008 DoD Survey of Health Related Behaviors

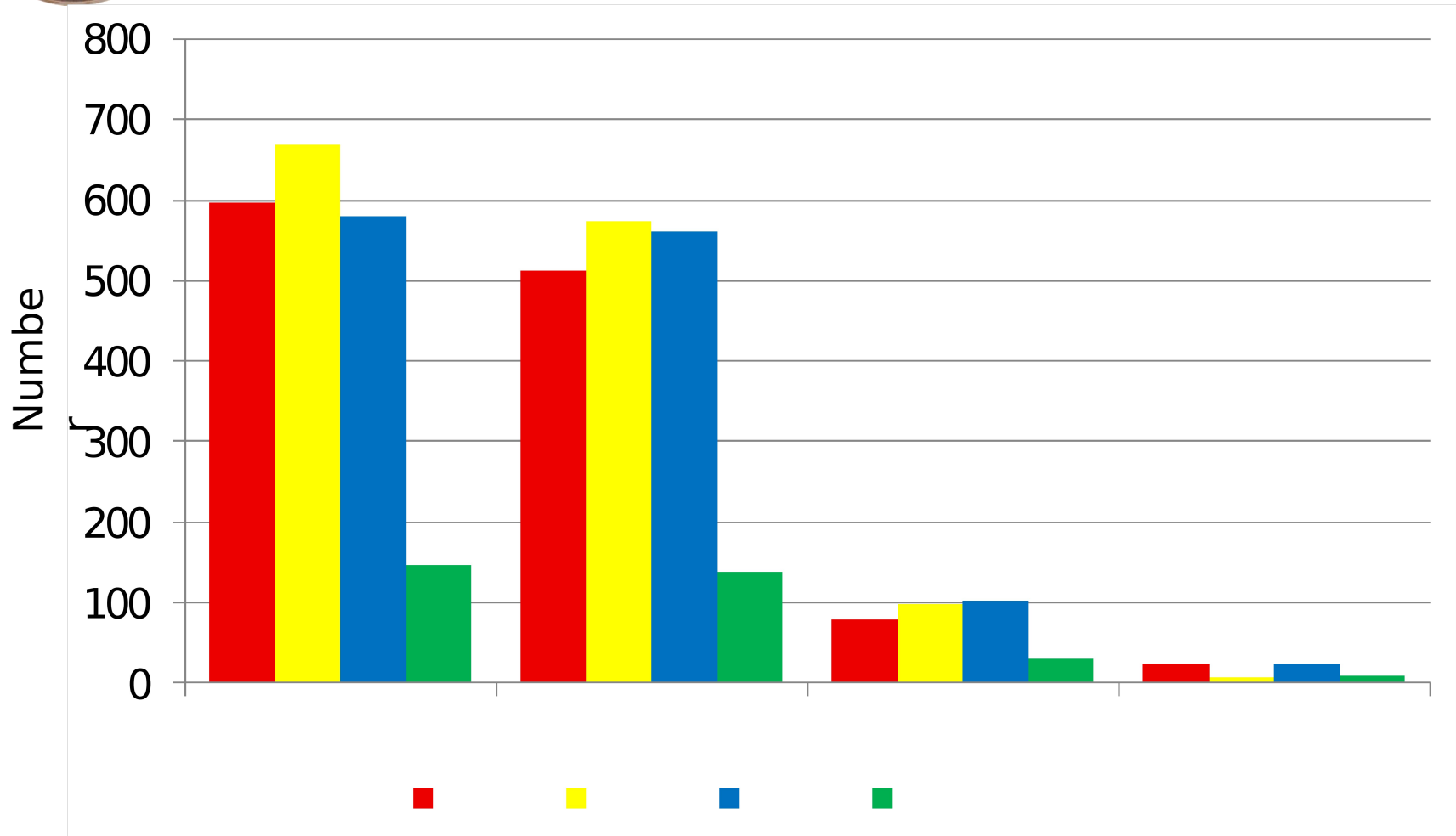
Definition of DUI



- Operation of, or being in the physical control of a motor vehicle or craft while impaired by any substance, legal or illegal
- BAC range of 0.08 to 0.10, in most states



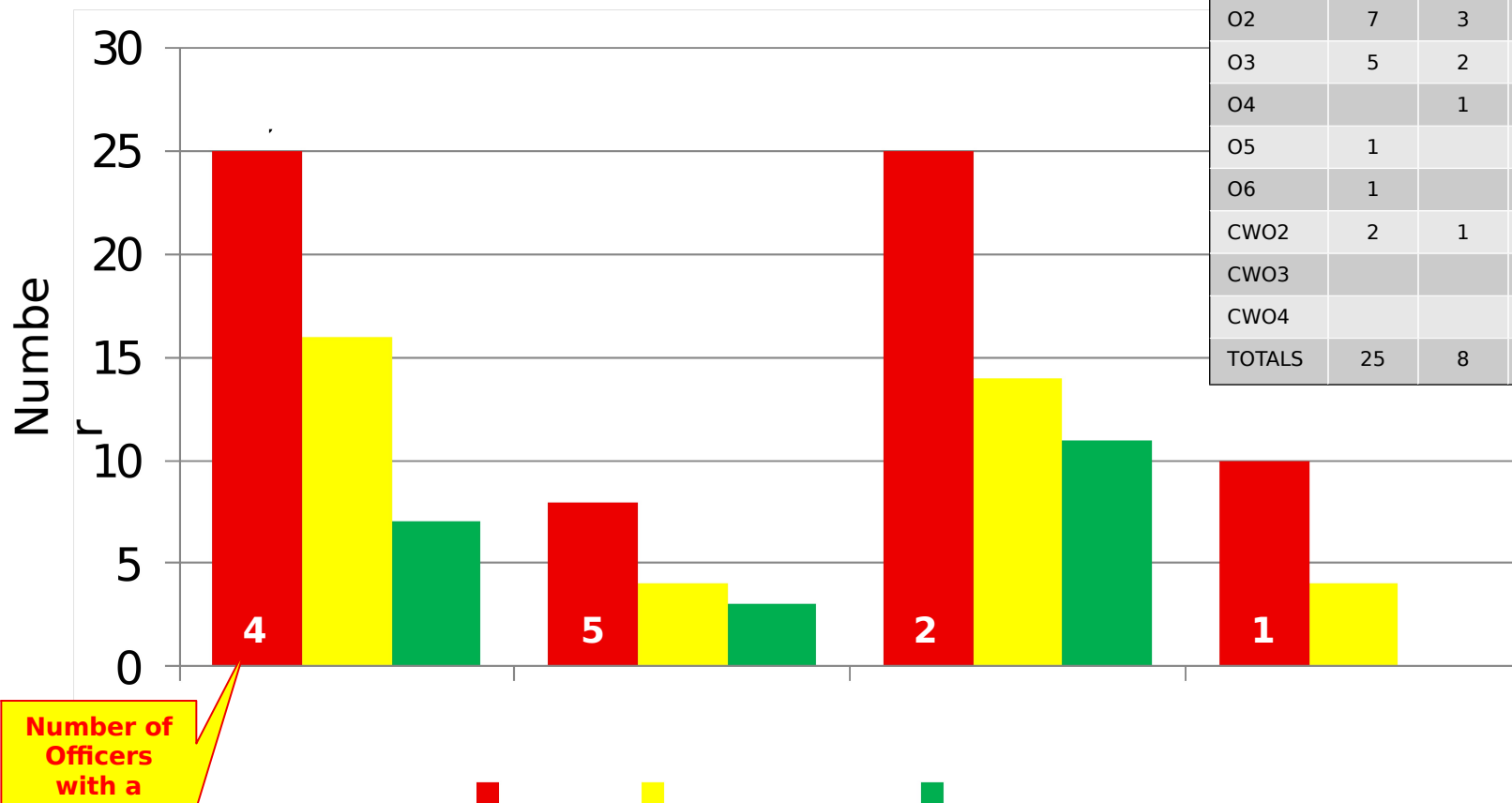
DUIs by Grade and Fiscal Year



Data from NCIS's Consolidated Law Enforcement Operations Center (CLEOC) database



Officer Trends



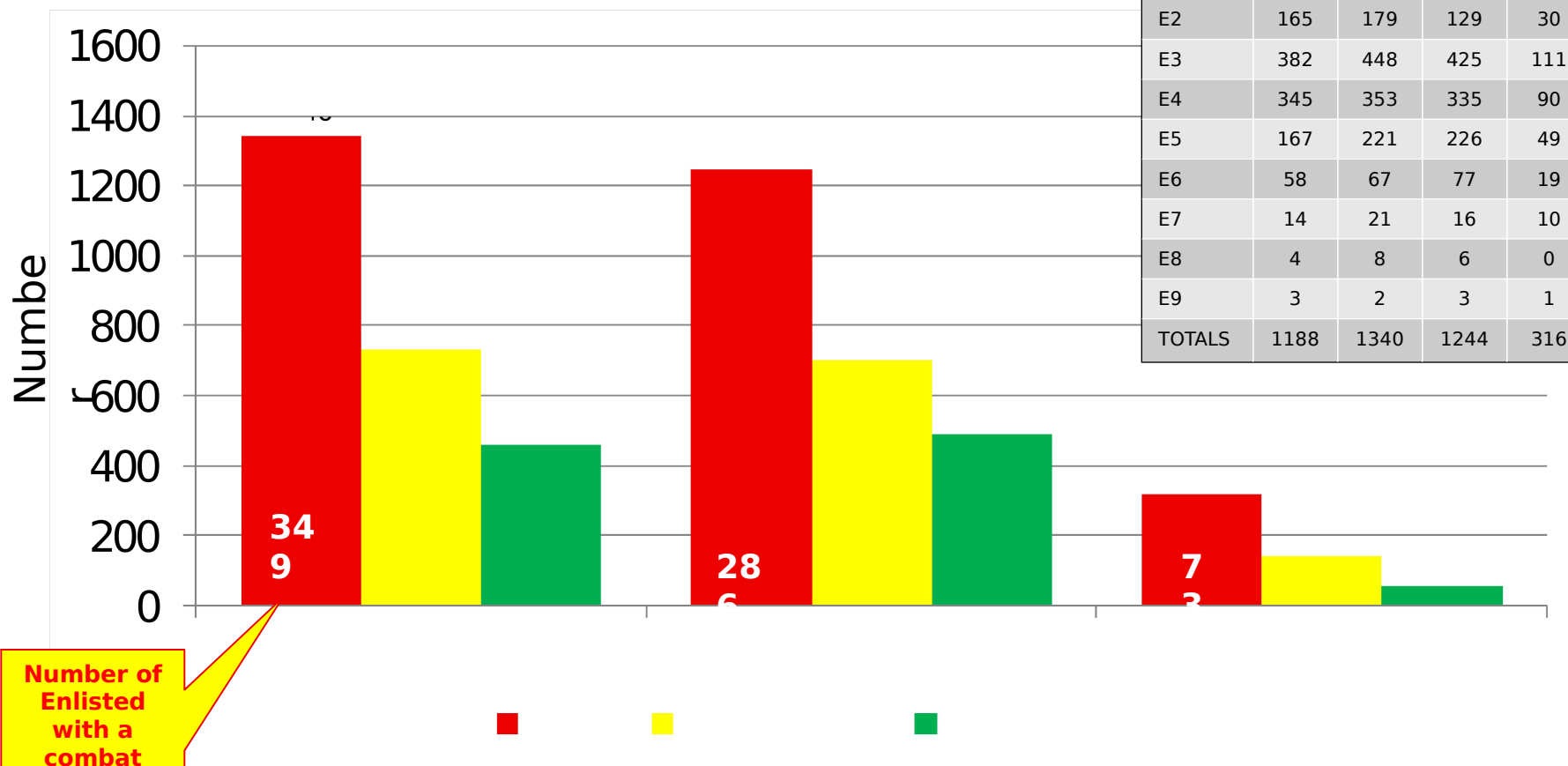
OFFICER DUIS BY GRADE AND FY				
Grade	FY08	FY09	FY10	FY11
O1	9	1	2	1
O2	7	3	3	2
O3	5	2	8	4
O4		1	5	3
O5	1			
O6	1			
CW02	2	1	4	
CW03			1	
CW04			2	
TOTALS	25	8	25	10

Number of Officers with a combat tour w/in 1 year prior to DUI

* DUI data from NCIS's Consolidated Law Enforcement Operations Center (CLEOC) database
 * Screening & Treatment data from the Navy's Alcohol and Drug Management Information Tracking System (ADMITS)



Enlisted Trends



ENLISTED DUIS BY GRADE AND FY				
Grade	FY08	FY09	FY10	FY11
E1	50	41	27	6
E2	165	179	129	30
E3	382	448	425	111
E4	345	353	335	90
E5	167	221	226	49
E6	58	67	77	19
E7	14	21	16	10
E8	4	8	6	0
E9	3	2	3	1
TOTALS	1188	1340	1244	316

* DUI data from NCIS's Consolidated Law Enforcement Operations Center (CLEOC) database
 * Screening & Treatment data from the Navy's Alcohol and Drug Management Information Tracking System (ADMITS)



Factors

Risk

- Age
- Low self-esteem
- Misperceptions about alcohol
- Stress
 - Alcohol used as coping method
- Availability of alcohol

Mitigation

- Strong leadership
- Strong support systems
 - Mentorships
- Education
- Alternate activities
- Marines taking care of Marines



Discussion

- **Less command tolerance for misuse**
- **De-glamorization of alcohol**
- **Continued progress in identifying alcohol misuse**
- **Prevention efforts targeting at-risk populations**